



TRINITY VALLEY
COMMUNITY COLLEGE
ADULT & CONTINUING EDUCATION

SPRING 2025 Mental Health First Aid Classes

CHLT 2000 Adult Mental Health First Aid

This course teaches you how to identify, understand and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. 8 Contact Hours (including 2 hours of required pre-work).

CHLT 2000 30N03	April 9th (Deadline to register: March 26th)	Online	8:30 am - 3:00 pm	\$0 Tuition
CHLT 2000 30N04	April 21st (Deadline to register: April 7th)	Online	8:30 am - 3:00 pm	\$0 Tuition
CHLT 2000 30N05	April 25th (Deadline to register: April 11th)	Online	8:30 am - 3:00 pm	\$0 Tuition

CHLT 2001 Youth Mental Health First Aid

This course teaches you how to identify, understand and respond to signs of mental illness and substance use disorders in youth. This 6-hour training gives adults who work with youth, the skills they need reach out and provide initial support to children and adolescents (ages 6-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care. appropriate care. 6 Contact Hours (including 2 hours of required pre-work)

CHLT 2001 30N02	April 21st (Deadline to register: April 7th)	Online	8:30 am - 1: 30 pm	\$0 Tuition
------------------------	--	---------------	---------------------------	--------------------

For more information, contact TVCC Adult and Continuing Education at 903-675-6212 or email conted@tvcc.edu

 TRINITY VALLEY COMMUNITY COLLEGE
ADULT & CONTINUING EDUCATION

903-675-6212 conted@tvcc.edu www.tvcc.edu/continuing-education

Trinity Valley Community College does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs or activities. For questions or concerns regarding discrimination based on disability, contact ADA/Section 504 Coordinator, 100 Cardinal Drive, Athens, TX 75751, 903-670-2068, disability@tvcc.edu. For all other questions or concerns regarding discrimination, contact: Director of Human Resources/Title IX Coordinator, 100 Cardinal Drive, Athens, TX 75751, 903-675-6215, humanresources@tvcc.edu.