

PROFESSIONAL SERIES

Experience Dementia & Positive Approach to Dementia Care Workshop



With **Isabel Maria**

This is a four part interactive workshop. Part 1: Experience Dementia involves the learner to experience sensory deprivation. The purpose is to help them gain perspective on what the person living with dementia is experiencing. Part 2: Normal VS. Not Normal Aging helps learners understand and recognize the differences in normal and not normal aging. Part 3: Positive Physical Approach (PPA) and Hand Under Hand (HuH) are PAC partnering techniques that enable care partners to shift from simply "dealing with" challenging behaviors to creating a positive and caring environment Part 4: Teepa's Gems is learning about the brain change model (stages of dementia) and how care can be tailored by focusing on the abilities people retain in each stage throughout their dementia journey.



**Contact Adult and Continuing Education
for registration at 903-675-6212 or e-mail
conted@tvcc.edu**



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Available Workshops

NURA-2000-2HS02	January 11, 2025	Terrell HSC	9 am - 5 pm	\$250
NURA-2000-2HS03	February 1, 2025	Terrell HSC	9 am - 5 pm	\$250
NURA-2000-3HS01	March 1, 2025	Terrell HSC	9 am - 5 pm	\$250
NURA-2000-3HS02	April 5, 2025	Terrell HSC	9 am - 5 pm	\$250
NURA-2000-3HS03	May 3, 2025	Terrell HSC	9 am - 5 pm	\$250

Meet the Instructor: Isabel Maria

Isabel Maria is a dementia care professional certified as a consultant and trainer through the Positive Approach to Care (PAC), a regional trainer for the National Task Group (NTG) on Intellectual Disabilities and Dementia Practices, as well as certified through the National Council of Certified Dementia Practitioners.

Maria started working with seniors out of necessity in 2013 and fell in love with our aging population. In 2018, she worked with a Memory Care facility for the first time, where she began to learn PAC strategies and immediately saw the benefits. This inspired her to open her own business, training and educating caregivers, both professional and family members, and the community.

Maria is passionate about her training and the difference PAC skills make. "These skills not only improve the quality of care for those living with dementia. It also educates the caregiver in responding and not reacting, making for a more productive and cooperative partnership between caregiver and care recipient, thus minimizing caregiver burnout and compassion fatigue."

The PAC™ organization has taken steps to implement the teachings and training about dementia by Teepa Snow and the Positive Approach to Care® methods. We now have access to a PAC™ Certified Independent Trainer Professional to guide learning and skills as supported by his or her certification types. While we are inspired by the content and methods included in a PAC Certification, our organization is solely responsible for the use and implementation of the approved content from PAC.



Positive Approach®
GEMS®

Positive Approach to Care®
Hand-under-Hand®

PAC™
HuH™

Positive Physical Approach™
PPA™



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