



FALL 2024 Mental Health First Aid Classes

CHLT 2000 Adult Mental Health First Aid

This course teaches you how to identify, understand and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. 8 Contact Hours (including 2 hours of required pre-work).

CHLT 2000 2ON01	December 2nd (Deadline to register: November 18st)	Online	8:30 am - 3:00 pm	\$0 Tuition
CHLT 2000 2ON02	December 10th (Deadline to register: November 26th)	Online	8:30 am - 3:00 pm	\$0 Tuition
CHLT 2000 2ON03	December 16th (Deadline to register: December 2nd)	Online	8:30 am - 3:00 pm	\$0 Tuition

CHLT 2001 Youth Mental Health First Aid

This course teaches you how to identify, understand and respond to signs of mental illness and substance use disorders in youth. This 6-hour training gives adults who work with youth, the skills they need reach out and provide initial support to children and adolescents (ages 6-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care. appropriate care. 6 Contact Hours (including 2 hours of required pre-work)

CHLT 2001 2ON01	December 12th (Deadline to register: November 26th)	Online	8:30 am - 1: 30 pm	\$0 Tuition
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For more information, contact TVCC Adult and Continuing Education at 903-675-6212 or email conted@tvcc.edu