



SPRING 2024 BLS/CPR & Heartsaver Classes

EMSP 1019 Basic Life Support/CPR for Healthcare Providers

This course is designed for healthcare providers and professional rescuers. Lifesaving skills in respiratory and cardiac emergencies involving adults, children, and infants. Tuition includes the cost of the American Heart Association BLS Provider eCard (\$2.60). Seven contact hours.

EMSP 1019 2KA01	Friday/Jan 19	Kaufman	9 am-5 pm	\$70.00
EMSP 1019 3HS01	Friday/Mar 22	Terrell HSC	9 am-5 pm	\$70.00
EMSP 1019 3KA01	Friday/Apr 19	Kaufman	9 am-5 pm	\$70.00
EMSP 1019 3HS02	Friday/May 17	Terrell HSC	9 am-5 pm	\$70.00

EMSP 1091 Heartsaver® First Aid CPR AED

The Heartsaver® First Aid and CPR AED Courses are designed to prepare people to provide first aid, cardiopulmonary resuscitation (CPR), and automated external defibrillator(AED) use in a safe, timely, and effective manner. The course goal include cognitive and psychomotor objectives.

EMSP 1091 2KA01	Friday/Feb 16	Kaufman	9 am-5 pm	\$87.00
EMSP 1091 3HS01	Friday/Apr 26	Terrell HSC	9 am-5 pm	\$87.00

*HSC = Health Science Center

For more information, contact TVCC Adult & Continuing Education at 903-675-6212 or www.tvcc.edu/continuing-education

Meet the Instructor

Toni Killgo, BSN, RN



I attended Trinity Valley Community College, earning my Patient Care Technician Certificate and Associate Degree in Nursing. I also attended the University of Texas at Arlington, earning my Bachelor of Science in Nursing degree. I have my American Heart BLS Instructor Certification and BLS Provider Certification. I also have certifications from the Texas Department of State Health Services in Hearing, Vision, and Spinal Screening. My work experience ranges from working in a Long Term Care facility for approximately two years and a doctor's Hospital for three years as a Patient Care Technician. Then as an RN, I worked at Doctors Hospital on the Med/Surg floor and Post Op floor for elective surgeries on the Surgical Suite Unit for a total of 10 years. I also worked in Home Health for two years, School Nurse for 15 years, and now as TVCC Instructor going on four years. My priorities are God/church, grandbabies (3), daughter/son-in-law, family, friends, self, and job. I enjoy reading, walking, and vacations with my family and friends. I live a full active life, and I am truly blessed. Psalm 16:8-9.



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EMSP 1019 2AT01	Saturday/Jan 20	Athens	9 am-5 pm	\$70.00
EMSP 1019 2PA01	Saturday/Feb 24	Palestine	9 am-5 pm	\$70.00
EMSP 1019 3AT01	Saturday/Mar 23	Athens	9 am-5 pm	\$70.00
EMSP 1019 3AT02	Saturday/Apr 27	Athens	9 am-5 pm	\$70.00
EMSP 1019 3PA01	Saturday/May 18	Athens	9 am-5 pm	\$70.00

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EMSP 1091 3PA01	Saturday/Apr 6	Palestine	9 am-5 pm	\$87.00
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Meet the Instructor Samuel Austin



Samuel Austin is a certified American Heart Association CPR Instructor, Licensed Massage Therapist (LMT), Massage Therapist Instructor (MTI), and Licensed Continuing Education (CE) Provider. He started his career in the Health Sciences early on working in the medical manufacturing industry performing engineering research/development and fabrication for medical devices covering all parts of the human anatomy. His love for helping people led him to education. He is currently a professor at Trinity Valley Community College, where he strives to impart his many years of experience and knowledge to the next generation of leaders. This gave him the opportunity to pursue a career in Massage Therapy. Massage Therapy has not only allowed him to continue his association with the health sciences industry, but also allowed him to follow his desire to help individuals by enhancing their quality of life through health and wellness. Mr. Austin completed his studies at Hands On Therapy School and after successfully passing the MBLEx, earned his Massage Therapy License. He opened his own practice for massage therapy in 2019. He has continued to increase his knowledge through continuing education courses in many fields/modalities, including but not limited to medical massage, sports massage and injury, deep tissue, trigger points, lymphatic drainage, and reflexology. He eventually applied for and was approved by the Texas Department of Licensing and Registration (TDLR) to become a Licensed Massage Therapy Instructor and Licensed Continuing Education Provider. Now, he has the ability not only to service clients in need of health and wellness but also to stay on the cutting edge of training the next generation of skilled therapists and students. He has recently added to his skill set by completing body sculpting certifications as well as CPR instructor certification.

He has raised 3 wonderful children who are his world. They remind him every day what love is and that we should all cherish and count our blessings. We should always strive to lift each other up and make way for opportunities to improve health and wellness, which is a goal Mr. Austin has practiced throughout his life and now continues through his health and wellness career.

